

Self-Harm, 2015

Suicide remains a substantial and persistent public health issue in the United States (US). In both the US and Texas, suicide was the second leading cause of death for individuals between the ages of 10-34 years. Self-harm is also an issue of concern and a risk factor for subsequent suicide. Inpatient hospital discharges in Texas due to self-harm are presented in this fact sheet.

Self-Harm Facts, 2015

- Females attempted suicide at 1.4 times the rate of males in the US.¹ In both the US and Texas, the rate of death for males was 3.5 times that of females.
- The most common method reported for self-harm in Texas was poisoning, which includes drugs. This is in contrast with firearms being the most common method of suicide death (58.6%).
- 575,000 people visited a hospital in the US for injuries due to self-harm in 2015.¹
- In 2015 suicide and self-harm in the US resulted in costs totaling more than \$69 billion.¹

Notes and References

*Counts in table category do not add up to total due to records reported with unknown/missing data.

Cases of self-harm are based on medical record coding from the International Classification of Diseases, Clinical Modification, Version 9 (ICD-9-CM) and Version 10 (ICD-10-CM).

Data Source: Texas Hospital Discharge Data, 2015 *Texas Hospital Inpatient Discharge Public Use Data File*, 2015. Texas Department of State Health Services, Center for Health Statistics, Austin, TX.

1. American Foundation for Suicide Prevention:
www.afsp.org/about-suicide/suicide-statistics

Self-Harm, 2015	Count	%
Total Records	7,335	100.00
Sex		
Female	3,024	41.23
Male	1,676	22.85
Not Reported	2,635	35.92
Age Group		
0-17	983	13.40
18-44	4,103	55.94
45-64	1,887	25.73
65+	362	4.94
Race/Ethnicity		
White Non-Hispanic	4,324	58.95
Black Non-Hispanic	721	9.83
Hispanic	1,820	24.81
Asian/Pacific Islander	113	1.54
Am Indian/AK Native	^	^
Other	351	4.79
Method*		
Poisoning	6,386	87.06
Cut/Pierce	455	6.20
Firearms	139	1.90
Suffocation	81	1.10
Fall	45	0.61
Motor Vehicle	21	0.29
Fire/Burn	19	0.26

^ Counts less than 12 are suppressed.

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